



Addressing more than just medical problems can lead to a happier, healthier life. You shared with us that you have needs that are typically not addressed in the medical setting. We want to help. Listed below are resources that may help you with those needs. If you don't see a resource that is right for you or would like to talk about additional needs that you may have please contact Western Colorado 2-1-1 (by dialing 211), a free and confidential resource and referral center.

Pitkin County Health & Human Services — Food Assistance

Phone: 970-920-5244 / Hotline: 855-855-4626

Web: <https://www.pitkincounty.com/212/Food-Assistance>

Address: 405 Castle Creek Rd # 8, Aspen, CO 81611

Languages: English, Spanish

Available Hours: Monday through Friday (8am to 4:40pm)

Eligibility: US resident or legal resident, Income verification required

Intake Process: An application needs to be filled out – In person or online

Services: Supplemental Nutrition Assistance Program (SNAP)

Pitkin County Senior Services —Meal Sites & Home Delivered Meals

Phone: 970-920-5432

Web: <http://www.pitkincounty.com/217/Senior-Services>

Address: 0275 Castle Creek Rd Aspen Colorado 81611

Languages: English, Limited Spanish

Available Hours: Monday, Wednesday Friday (12pm)

Eligibility: 60 age and older. Will charge for age 60 and younger

Services: Meal sites and home delivered meals.

Community Health Initiatives — WIC (Women, Infants and Children) Nutritional Support

Phone: 970-920-5420

Web: <http://www.aspencommunityhealth.org>

Address: 0405 Castle Creek Rd., Suite 201, Aspen Colorado 81611

Languages: English and Spanish

Available Hours: Monday - Friday 9:00 am - 5:00 pm

Eligibility: Families with children up to age 5 and pregnant and breast-feeding women who are at or below 185% poverty level

Intake Process: Call or go online to get an appointment

Eagle County Seniors Services (Western Eagle County)**Phone:** 970-328-9586**Web:** www.eaglecounty.us/FoodAssistance/**Address:** 0020 Eagle County Drive, Suite E, El Jebel, CO, 81623**Languages:** Spanish and English**Eligibility:** Age 60 and older and adults with disabilities.

Types of Fees: Meals are available to those 60 and older for the suggested donation of \$3.00

Those under 60 must pay \$8

Available Hours: Tuesday, Wednesday, Thursday (11am to 1pm)**Intake Process:** Call in for details and reserve a spot**Service:** Meals on-site.**Lift Up (Aspen) - Food Pantry****Phone:** 970-544-2009**Web:** <https://www.liftup.org/7-food-pantries>**Address:** 465 N, Mill ST #5 Aspen CO 81611**Languages:** Spanish and English**Eligibility:** Up to 12 visits per year**Available Hours:** Tuesday, Wednesday, Thursday (11am to 1pm)**Eligibility:** Senior Commodity Supplemental Food Program – 3rd Thursday (11am to 1pm)**Intake Process:** Must complete application to meet income guidelines**Services:** Food pantry and additional services available from Lift Up www.liftup.org**Lift Up (Basalt) - Food Pantry****Phone:** 970-279-1492**Web:** <https://www.liftup.org/7-food-pantries>**Address:** Basalt Community United Methodist Church, 167 Holland Hills Rd, Basalt, CO 81621**Languages:** Spanish and English**Eligibility:** Up to 12 visits per year**Available Hours:** Wednesdays & Thursday (11am to 1pm)**Intake Process:** Must complete application to meet income guidelines**Services:** Food pantry and additional services available from Lift Up www.liftup.org**Lift Up (Carbondale) Food Pantry****Phone:** 970-963-1778**Web:** <https://www.liftup.org/7-food-pantries>**Address:** Third Street Center, 520 South 3rd Street, Unit 35, Carbondale, CO 81623**Languages:** Spanish and English

Eligibility: Up to 4 visits per family per year

Available Hour: Monday, Wednesday, Friday (10am to 12:30pm)

Intake Process: Must complete application to meet income guidelines

Services: Food pantry and additional services available from Lift Up www.liftup.org

Lift Up (Glenwood Springs) Food Pantry

Phone: 970-945-2005

Web: <https://www.liftup.org/7-food-pantries>

Address: 1004 Grand Ave, Glenwood Springs, CO 81601

Languages: Spanish and English

Eligibility: Up to 4 visits per family per year

Available Hour: Tuesdays & Fridays (10:30am to 12pm) Thursdays (10am to 3pm)

Intake Process: Must complete application to meet income guidelines

Services: Food pantries in New Castle, Rifle, and Parachute and additional services available from Lift Up go to www.liftup.org or call 625-4496.

Aspen Community Church — Emergency Assistance

Phone: 970-925-1571

Web: <http://aspencommunitychurch.org/>

Address: 200 E Bleeker St, Aspen, CO 81611

Language: English

Available Hours: Monday & Thursday (10am to 2pm)

Garfield County Senior Programs (Meal Sites)

Web: <https://www.garfield-county.com/human-services/senior-nutrition.aspx>

Phone & Address: Call to make reservations by 12pm the day prior

For Monday reservations call by 12pm on the Friday before.

945-9117, Wednesdays, (Roaring Fork & Spoon, 1250 Hendricks Drive, Carbondale)

945-9117, Tuesdays and Fridays, (Chat n Chew, 1402 Blake Ave., Glenwood Springs)

665-0041, Mondays and Thursdays (Sunnyside Senior Meal, 601 21st St., Glenwood Springs)

665-0041, Mondays, The Gathering, 201 Castle Valley Blvd., New Castle)

Services/Eligibility: Nutrition Program serves as an outreach program to provide hot nutritious meals in a community setting for seniors 60 and over and their spouses.

Reservation/cancellation line (970) 665-6540.

Valley View Hospital — Meals on Wheels

Phone: 970-384-6653 (Volunteer Coordinator)

Address: 1906 Blake Ave, Glenwood Springs, CO 81601

Languages: English and Spanish

Available Hours: Monday, Wednesday, Friday (11:30 am to 1:30 pm)



Eligibility: City of Glenwood Springs' residents who are home bound

Intake Process: Call-in to schedule

Services: \$3.25 per meal

Salvation Army — Emergency Assistance

Phone: 970-945-6976

Address: 201 14th Street Unit 125, Glenwood Springs CO 81601

Languages: English and Spanish

Available Hours: Monday, Tuesday, Thursday (10am to 2pm)

Eligibility: Determined at the appointment.

Intake Process: Call or walk in during available hours

Hunger Free Colorado

Food Resource Statewide Hotline

Phone: 855-855-4626

Web: <https://www.hungerfreecolorado.org/>

Address: 1801 N. Williams St., Suite 200 Denver, CO 80218

Languages: English and Spanish

Available Hours: Monday to Friday (8am to 4:30pm)

Eligibility: Call to get guidelines.

Intake Process: Call in